

Directory of Domestic Abuse Support

Updated April 2023

Strategic Domestic Abuse Team

As a professional working within the Wakefield District, you will likely know someone who has been affected by domestic abuse. It may be that you undertake a role specifically designed to support people, or that you know someone personally, a friend, family member or colleague who may need support.

Supporting someone to access co-ordinated, professional advice and help can be lifesaving. This directory provides details of a number of local and national services and organisations that are available to offer support for victims, perpetrators and children affected by domestic abuse.

Local support for adult victims of domestic abuse

- **Wakefield District Domestic Abuse Service (WDDAS)**
www.wakefield.gov.uk/domesticabuse **0800 915 1561** A comprehensive specialist service providing a range of support to victims of domestic abuse. Support includes, Safety Planning, Housing information and advice, Sanctuary Scheme, support for those in Safe Accommodation including children, emotional support and access to the Freedom Programme.

WDDAS provide a single point of contact for all referrals and provide a telephone advice line available to members of the public and professionals. Agency and self-referrals can be made to WDDAS for all levels of risk.

This service is for anyone who may need help inclusive of age, gender, sexual orientation, ethnicity, or nationality. If English is not the first language an interpreter will be provided, or arrangements made to ensure services can be provided. Contact email address domesticabuse@wakefield.gov.uk

- **WDDAS 'clinics'** are available across the district in the Family Hub's in Castleford, Normanton, Hemsworth and Wakefield. The purpose of the 'clinics' is to:
 - Provide advice and guidance to colleagues in supporting assessments and delivery of services for victims of domestic abuse.
 - Provide a point of contact for other partner agencies and offer support and guidance.
 - Give advice and help to other professionals in completing the DASH and how to refer to MARAC
 - Provide advice on the support WDDAS offer
 - Share resources and information
 - Be available to see victims of domestic abuse who are already working with other services to promote the service of WDDAS to help gain consent for a referral in to WDDAS.

- **Freedom Programme** is a 12 week group work programme for victims of domestic abuse to help them understand their experience and learn about the dynamic of an abusive relationship. Groups are being delivered across the district by the Family Hub working in partnership with WDDAS. Referrals to the Freedom Programme are to be requested on a WDDAS referral form. Contact **0800 915 1561** or email domesticabuse@wakefield.gov.uk
- **Who's In Charge** is a 9-week programme provided by Wakefield Youth Offending Team aimed at supporting parents who experience abusive and challenging behaviours from their children. For further information and to make a referral please contact **01924 304155**.
- **Rosalie Ryrie Foundation** www.rosalieryriefoundation.org.uk
Call **01924 315140** or **07305 788583**. This voluntary sector service works with victims, perpetrators, young people, children and families through all forms of abusive behaviour including domestic abuse. The service provides group and individual sessions for men, women, children, singles, and families. Check the website for further details and contact them to make an appointment.
- **Well Women Centre** www.wellwomenwakefield.org.uk **01924 211114**
A women's only service providing a wide range of emotional, therapeutic, and practical support for women age 16+ in Wakefield. Casework and Counselling is available, as is The Freedom Programme which may be beneficial for women who are or have experienced domestic abuse. The Casework offer includes dedicated domestic abuse support to help identify the most relevant services.
- **Wakefield Council – Housing Needs Service** Call **01924 304360** or **01924 304362** email – housingneedsservice@wakefield.gov.uk. The Housing Needs Services provides advice and assistance for households who may become homeless and those who have become homeless as a result of fleeing domestic abuse. The service will determine what duty the Local Authority may have to provide emergency temporary accommodation and the housing options advice will assist the household to resolve their homeless situation. For more information, please visit <https://www.wakefield.gov.uk/housing/housing-in-the-wakefield-district/finding-a-new-home/housing-for-vulnerable-adults>
- **Marie House Refuge** www.riverside.org.uk **07843 344457** Good quality local refuge accommodation for women and children who need to access safe, supported accommodation due to domestic abuse. You can call to see if bed space is available.

- **PETALS Domestic Abuse Survivor Peer Support Group** email DAengagement@wakefield.gov.uk This Group has been developed in partnership with the Council, Domestic Abuse Service WDDAS and survivors of domestic abuse. The group is a safe space for women who live in the Wakefield district who have experienced domestic abuse to come together, chat and support one another.

The group aims to support women who are aged 18 + years who have experienced domestic abuse and would benefit from Peer-to-Peer support.

- **Victim Support** www.victimsupport.org.uk/homepage **0300 303 1971** for West Yorkshire and **0808 1689 111** for the national support line. Victim Support offer support to victims of crime including domestic abuse and also offer an ISVA (Independent Sexual Violence Advocate). You do not have to be referred by the Police or have a crime number. Victims can call the helpline or use the website for support and information. Victim Support also has a children's worker supporting children and young people who are victims of crime.
- **Penny Appeal** www.pennyappeal.org A free Wakefield counselling service is offered through this charity for those women who have been affected by any form of domestic abuse and sexual violence. For further information call **07480 970097** or email counselling@pennyappeal.org
- **Turning Point Talking Therapies** call **01924 234860** <https://talking.turning-point.co.uk/wakefield> A free service for those 16 years or over who are registered with a Wakefield District G.P. Provides a range of therapeutic interventions for stress, anxiety, low self-esteem.
- **Gasped** (Giving Advice and Support to People in Emotional Distress) Call **01924 787501** or mail resourcecentre@gasped.co.uk This charity offers a variety of support for different issues. It provides support and counselling for Male Victims of domestic abuse.
- **Samaritans** www.samaritans.org free phone **116 123** you can call the Samaritans about any issue, at any time, every day of the year – someone will listen and talk to you. There is a local base in Wakefield call **01924 377011**

The following services may be useful for those across the borders or who work in Wakefield for example but live in Kirklees.

IDAT – Integrated Domestic Abuse Team – www.kirklees.gov.uk/domesticviolence
Kirklees council provide a range of support including counselling, legal advice and refuge accommodation to residents of Kirklees. Call **01924 431491** for further information and advice, the website will signpost you effectively.

Pennine Domestic Violence Group <http://pdvg.org/> **0800 0527 222** 24 hour helpline. This group provides a number of comprehensive support services for those experiencing domestic abuse in the Pennine region. Also provide KABWA – Kirklees

Asian and Black Women's Welfare Association, available on the same helpline number.

Leeds Domestic Violence Service Home - LDVS call **0113 246 0401** – a 24 hour helpline or mail hello@idvas.co.uk This comprehensive domestic abuse service offers help and support to anyone experiencing abuse who is a resident of Leeds.

Leeds GATE – <https://www.leedsgate.co.uk/> **Gypsy and Traveller Exchange** Call **0113 240 2444** or mail contact@leedsgate.co.uk This grassroots 'by and for' service offers support, advice and information around many issues. If you are working with a member of this community around issues of domestic abuse, this organisation will offer support, directly, or alongside other services available. The work undertaken by Leeds GATE is available within the Wakefield District.

National support for adult victims of domestic abuse

- **Women's Aid** www.womensaid.org.uk provides frontline services across the country including refuge. An online chat service is provided Mon-Fri 10am-12pm. This website also contains a Survivors Forum where women who have experienced abuse, or who are looking for support right now can talk to each other on a safe, moderated forum <https://survivorsforum.womensaid.org.uk/>
- **Refuge** www.refuge.org.uk this service runs the **National Domestic Abuse Helpline on 0808 2000 247** – the 24/7 advice line can help you find refuge space, and provides information, support and live chat. The website is comprehensive and available in different community languages. Refuge provides a national structure of refuges and a number of culturally specific services.
- **Mankind Initiative** www.mankind.org.uk **0182 333 4244** Weekdays 10am - 4pm is a confidential helpline for men who are experiencing domestic violence and abuse from female or male partners - the website provides support and information.
- **Men's Advice Line** Provided by Respect www.mensadvice.org.uk The helpline for all male victims experiencing domestic abuse, including forced marriage **0808 801 0327** Weekdays 9-8pm, the comprehensive website for victims and professionals also enables e-mail contact with the service.
- **Karma Nirvana** www.karmanirvana.org.uk **0800 5999 247** Weekdays 9 -5pm This helpline is for all victims and survivors of forced marriage and 'honour' based abuse. The website is a good source of information for professionals and those seeking support.
- **Galop** www.galop.org.uk **0800 999 5428** The helpline is for people identifying as LGBT+ who are experiencing domestic abuse. The website is very comprehensive, the opening times of the helpline are varied and listed on the site, web chat and a survivor's forum are available.

- **National Centre for Domestic Violence** www.ncdv.org.uk **0800 970 2070** or text **60777** for a call back. The service provides free, legal support to help protect survivors of abuse. Professionals are also able to access this service for advice and information.
- **Domestic Violence Assist** www.dvassist.org.uk **0800 195 8699** The service can arrange and apply several injunctions and court orders for domestic abuse victims.
- **National Stalking Helpline** (Suzy Lamplugh Trust) www.stalkinghelpline.org **0808 8020 300** This telephone advice line is available for anyone who is, or has been affected by stalking or harassment. The website is comprehensive and user friendly. The helpline is open weekdays 9:30am – 4:00pm.
- **Victim Support** www.victimsupport.org.uk/homepage **0300 303 1971** for West Yorkshire and **0808 1689 111** for the national support line. You do not have to be referred by the Police or have a crime number; domestic abuse victims can call the helpline or use the website for support and information.
- **Hourglass** <https://wearehourglass.org/domestic-abuse> A UK wide Charity which is dedicated to the support of older people who are experiencing domestic abuse. The helpline is available 24/7 on **0808 808 8141**, this can also be accessed via text on **07860 052906**. Alternatively the service can be e-mailed – helpline@wearehourglass.org. Those in need of support or those worried about an older person who may be experiencing domestic abuse this service has advice and information on the website and is available for 1-1 support.
- **FGM Helpline NCPCC** www.nspcc.org.uk call **0800 028 3550** This is available 24/7. It is confidential for anyone affected by or worried about Female Genital Mutilation. The site also has information about domestic abuse.
- **SignHealth** run by <https://signhealth.org.uk/> - this service is based in London but offers remote support to deaf clients across England. If you are experiencing domestic abuse and would like the support of this specialist service call **020 3947 2601** Text or WhatsApp/Facetime **07970 350366**. The website has a lot of information including video's using BSL.

Support for children living with or affected by domestic abuse

- **Family Hub** [Family Hubs – Wakefield Families Together](#) provide a whole family approach to the support they offer for children and their families. To make a referral, or for advice about the services offered, contact the Family Hub which is local to where the family live, the details can be found via the above link.

- **Targeted Early Help Service** <https://wakefield.mylocaloffer.org/early-help-service/targeted-early-help-service/> The Targeted Early Help Service support children, young people and families. An allocated Early Help Practitioner will complete the assessment which will identify what support is needed and will then work with the family and partner agencies to develop a coordinated package of support. The Targeted Early Help Service can provide coordinated support to families experiencing a whole range of issues, including domestic abuse.
- **Rosalie Ryrie Foundation** www.rosalieryriefoundation.org.uk **01924 315140** or **07305 788583**. This voluntary sector service works with victims, perpetrators, young people, children and families who may be experiencing all forms of abusive behaviour including domestic abuse, this includes Teen to Parent abuse. The service provides group and individual sessions for men, women, children, singles, families and same sex couples. Appointments only - call the numbers provided or go through the website and fill in the online form.
- **Wakefield Safeguarding Children Partnership (WSCP)** website provides information on pathways for support for adults and children online and locally [Home page • Wakefield Safeguarding Children \(wakefieldscp.org.uk\)](http://wakefieldscp.org.uk)
- **Victim Support** www.victimsupport.org.uk/homepage **0300 303 1971** for West Yorkshire and **0808 1689 111** for the national support line. Victim Support has a children's worker supporting children and young people who are victims of crime. The website has a specific section for young people.
- **iSpace** (community sector organisation) offer a project to schools which includes targeted domestic abuse group work session within schools, assemblies to raise awareness of domestic abuse and the training and development of pupils to become school ambassadors. Email contact@ispace.org.uk or visit [Welcome to iSpace5 | iSpace5](http://www.ispace5.org.uk) for further information
- **The Hideout** is run by **Women's Aid** <http://thehideout.org.uk/> which is designed for children and young people who may be experiencing or worried about domestic abuse. The content is user friendly.
- **Rape and Sexual Abuse Centre (RASAC)** Call **0300 303 4787** This service offers support across Kirklees, Calderdale and Wakefield District for women and girls aged 13 and over who have experienced domestic abuse, sexual violence and abuse. A more limited service for males also offered, visit <https://www.kcrasac.co.uk/> for further information. A downloadable self-help guide is also available.
- **KOOTH** www.kooth.com Free online support for children and young people, online counselling, supported forums and advice. Log on to access services.

- **WF-I CAN** <https://wf-i-can.co.uk/> The website provides online advice, support and signposting to children and young people about a range of issues, including domestic abuse. Children and young people are able to chat to a Youth Worker online Tuesdays and Thursdays 7pm-9pm. For more information, please see the website or email support@wf-i-can.co.uk.
- **Embrace Child Victims of Crime** www.embracecvoc.org.uk A charity who support children and young people who have suffered trauma after witnessing or being a victim of domestic abuse, sexual abuse, neglect and other serious crime. They provide a range of support services including specialist emotional support and counselling via video call or telephone. For more information contact **0345 60 99960** or email info@embracecvoc.org.uk
- **Childline** <https://www.childline.org.uk/> **0800 1111** is a national support line and offers an informative website which covers a range of topics, including domestic abuse to children and young people. They offer a confidential telephone helpline, email support. Young people message boards and 121 online counsellor chat.

Support available for perpetrators of domestic abuse

Help and support for people who are using abusive behaviours are either voluntary – when the person chooses to get help to change, or statutory, where there is a requirement to complete a programme. These are often referred to as Perpetrator Programmes – all perpetrator work has the aim of reducing the impact of domestic abuse on the victims and maximising safety while supporting the abuser to make changes in their behaviour.

- **Probation Service Wakefield 01924 853260** The Probation Service is responsible for supervising all people on probation including those convicted of domestic abuse offences. The Probation Service delivers accredited programmes and structured interventions with the aim of challenging abusive behaviour and supporting individuals to recognise the triggers to their offending and to address these. The Probation Service is also able to refer people to commissioned rehabilitative services for support with accommodation, education, training and employment and personal wellbeing.
- **Rosalie Ryrie Foundation** www.rosalieryriefoundation.org.uk Call **01924 315140** or **07305 788583** This voluntary sector service works with perpetrators of domestic abuse. The service delivers behaviour change interventions for men and women who want to change their abusive behaviours.

- **CARA (Cautions and Relationship Abuse)** is an intervention with perpetrators of domestic abuse who are identified as first-time standard risk offenders who are subject to a Conditional Caution by West Yorkshire Police. For more information please visit <https://www.westyorks-ca.gov.uk/policing-and-crime/cara-project/>
- **RESPECT** <http://respectphoneline.org.uk> / **0808 802 40 40** Weekdays 9am-8pm and weekends 10am-12pm and 4pm-6pm. The helpline is for anyone who wants to make changes to their abusive behaviour. The website offers a great deal of information and support, and contact can be made by e-mail. Trained advisors will respond to e-mails and staff the helpline.
- **West Yorkshire Liaison and Diversion** – <https://wyliaisondiversion.org/> A national programme aiming to help people from reoffending. The service support young people (10+ years) and adults and looks at the causes behind the behaviour and helps them to access appropriate support. The primary aim is to identify issues, offer screening, assessment and referral. Self-referrals can be undertaken. For Wakefield contact VCunningham@wakefield.gov.uk or call **01924 305210**
- **Turning Point Talking Therapies** Call **01924 234860** or visit [Wakefield | Working together for wellbeing and recovery \(turning-point.co.uk\)](http://www.turning-point.co.uk) A free service for 16 years or over who are registered with a Wakefield District G.P. Provides a range of therapeutic interventions for stress, anxiety, low self-esteem, managing emotions. This is not a perpetrator intervention but may help someone get ready to access the help they need.
- **Samaritans** www.samaritans.org free phone **116 123** you can call the Samaritans about any issue, at any time, every day of the year – someone will listen and talk to you. There is a local base in Wakefield call **01924 377011**
- **Andy's Man Club** www.andysmanclub.co.uk Every Monday night (excluding Bank Holidays) at 7pm a meeting is held which welcomes any man who wants to talk about issues relating to men with a focus on suicide prevention. Any man is welcome, groups are running in Castleford, Hemsworth, Pontefract, Wakefield, check website for details. This is not a perpetrator intervention but can offer a safe space to discuss difficult feelings and may be a supportive step to getting professional help around the use of abusive behaviours.
- **Restore Families Wakefield** - Contact Jane Wignall at Restorative Solutions Call **07970 687254** or email: JaneWignall@restorativesolutions.org.uk This is a whole family intervention for families experiencing violence and abuse from their children in the home. The aim is to support families to leave the

programme with methods for handling problems and conflict that will prevent further instances of violence and abuse by young people. Families with children aged 10 -17 years can access up to 8 sessions of remote support

Other useful information

Wakefield Council Call **0345 8 506 506** or visit the domestic abuse pages for advice and information [Domestic abuse - here to help - Wakefield Council](#)

Bright Sky App Bright Sky is a mobile app and website for anyone experiencing domestic abuse, or who is worried about someone else.
<https://www.hestia.org/brightsky>

Silent Solution - The Silent Solution system enables a 999 mobile caller who is too scared to make a noise, or speak, to press 55 when prompted – to inform the call handler that they are in a genuine emergency. Visit [National campaign to raise awareness of the Silent Solution system | Independent Office for Police Conduct](#) for more information.

Reporting option - West Yorkshire Police have created a simple online form to allow victims to report domestic abuse, as an alternative to speaking on the phone. The information provided will be dealt with in the same way as any other report of domestic abuse. [You can find the form here.](#)

Crime tracker - <https://www.westyorkshire.police.uk/crimetracker> This is an online service, provided by West Yorkshire Police as part of their victim care and support programme. The Local Crime Tracker keeps the victim updated with the status of the crime and details of the officer dealing with the case.

WYFEAT – West Yorkshire Financial Exploitation and Abuse Team – <https://wyjs.org.uk> This is a multi-agency task force dealing with all aspects of fraud, scams, doorstep crime and financial abuse and exploitation by family members. If you are working with a victim of domestic abuse who is experiencing economic and financial abuse, this service may be able to help.

Please note – No directory can ever be an absolute guide of services and organisations; this document aims to provide current details of focused domestic abuse support. If you need urgent help for yourself or a client, please call the Police on 999. If you are unsure what help may be needed, it is advisable to contact the local domestic abuse service for a discussion.