

Week Commencing: 17 APR / 8 MAY / 19 JUN / 10 JUL / 11 SEP / 2 OCT

WEEK 1



**Monday**

Vegetable & Lentil Bolognese with Pasta   
 Pork Sausage Hot Dog  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Frozen Strawberry Yoghurt 

**Tuesday**

Vegetable & Mixed Bean Chilli & Rice   
 Margherita Pizza & Wedges   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Apple Sponge with Custard 

**Wednesday**

Quesadillas & Mexican Salsa   
 Roast Gammon with Roast Potatoes  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Chocolate Brownie 

**Thursday**

Macaroni Cheese with Garlic Bread   
 Beef Pasty & Herb Potatoes  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Lemon Drizzle Cake 

**Friday**

Quorn Nuggets with Chips   
 Fish Fingers & Chips   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Pineapple Upside Down Sponge 

**Key**



Vegetarian



Plant Based  
Vegan Friendly



Sustainably  
Caught Fish

Week Commencing: 24 APR / 15 MAY / 5 JUN / 26 JUN / 17 JUL / 18 SEP / 9 OCT

WEEK 2

**Monday**

Quorn Burger in a Bun   
 Sausage Roll & Herb Potatoes  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Vanilla Ice Cream 

**Tuesday**

Tomato, Lentil & Bean Pasta Bake   
 Chicken & Veg Stir Fry & Rice  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Apple & Berry Sponge with Custard 





**Wednesday**

Butternut, Butterbean & Veg Curry & Rice   
 Roast Beef With Roast Potatoes  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Oat Dream Cookie 

**Thursday**

Vegetable Biryani   
 Margherita Pizza & Wedges   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Chocolate Muffin 

**Friday**

Tarka Dhal with Rice   
 Fish Fingers & Chips   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Apple & Banana Cake 

AVAILABLE  
DAILY

  
Fresh Bread

  
Unlimited  
Salad Bar

  
A choice of  
Fresh Fruit

Week Commencing: 1 MAY / 22 MAY / 12 JUN / 3 JUL / 4 SEP / 25 SEP / 16 OCT

WEEK 3

**Monday**

Vegetable & Chickpea Jambalaya   
 Beef Burger with Wedges  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Frozen Toffee Yoghurt 

**Tuesday**

Cheese & Baked Bean Wrap   
 Chicken Curry & Rice  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Strawberry Jelly 

**Wednesday**

Veggie Meatballs, Roast Potatoes & Gravy   
 Roast Pork with Roast Potatoes  
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Fruity Flapjack 

**Thursday**

Chickpea & Vegetable Tagine with Lemon Cous Cous   
 Margherita Pizza & Wedges   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Pear & Chocolate Sponge 

**Friday**

Cheese & Onion Quiche with Chips   
 Fish Fingers & Chips   
 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw  
 Assorted Sandwich Platters  
 Seasonal Vegetables   
 Eve's Pudding 



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

# WELCOME TO YOUR SCHOOL LUNCH

Welcome to your new menu, which has been created so your child can enjoy a **delicious, balanced** school lunch every day cooked fresh daily. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals.

All our menus aim to offer **great value**, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.



Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches**

## JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH:



**NUTRITIOUS MAIN MEALS**



**FRESHLY BAKED BREAD**



**A TRIP TO THE SALAD BAR**



**A DELICIOUS DESSERT**



**ENERGY & NUTRITION FOR A PRODUCTIVE AFTERNOON!**

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



**OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY**

**ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED**



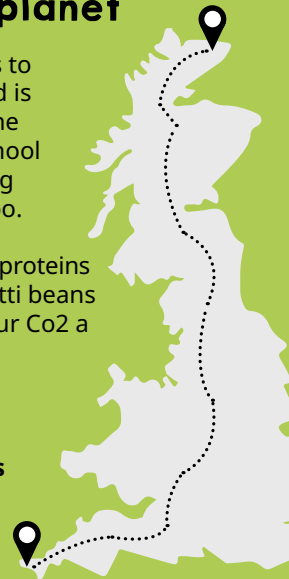
Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

## Better for you, Better for the planet

We know how important it is to not only make sure that food is healthy but also better for the planet. When it comes to school lunches, we've been worrying about it so you don't have too.

By adding more plant based proteins such as red lentils and borlotti beans to our recipes we reduced our Co2 a whopping 77,660 kg.

**That's the equivalent of driving a car from Lands End to John O'Groats over 300 times!**



**DOWNLOAD OUR APP NOW!**



Designed to make ordering and paying for meals even easier!

Click here to download it from App Store or Google Play store.

## GREAT VALUE



**SAVE £400 A YEAR**

if your child is in Key Stage 1 or your family is entitled to certain benefits.



**FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE**

Few places offer homemade two course meals made from great ingredients at such a good price.



**CLICK HERE**

**TO FIND OUT IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS**

## CONTACT US:



Payments and Meal Ordering



Nutrition Guidance