

Literacy Challenge 1

Keep a diary of the fruit and vegetables you eat this week.

Each day draw and label the fruit and vegetables you eat.

Try something new and ask an adult to take a photo as you bite into it for the first time. Add the picture to your diary.

Add a sentence to describe what they look or taste like.



Literacy Challenge 2

Set up a healthy shop or café

Write a menu or shopping list for your shop or café.

