

## Lee Brigg Infant & Nursery School

Executive Headteacher: Miss Sarah Gordon Head of School: Miss Laurabeth Kilkenny Chair of Governors: Mr Andrew Emms

Lee Brigg, Altofts, Wakefield WF6 2LN Telephone: 01924 893829

www.leebrigg.wakefield.sch.uk Email: sgordon@watertonacademytrust.org lkilkenny@watertonacademytrust.org

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Dear Parent / Carer.

You may well have seen in the national and local press that certain elements of Personal Social Health Education (PSHE) are now compulsory within schools. These are the areas of Sex, Relationship and Health Education. (As an infant school, we do not teach the sex education aspect; however, we do discuss positive relationships with our friends and others).

As a school, we have implemented these curriculum changes and have begun to teach some aspects of them. We appreciate that certain topics within these curriculum areas may potentially cause concern for parents and carers. We also appreciate that elements of this curriculum are already being misrepresented in the media. For this reason, we wanted to give you, our parent and carer body, the correct information about these changes and allow the chance to view, not only the new legislation, but also the award winning resource we have chosen to support your children's learning within these key areas.

If you would like to know more about the guidance that schools must follow, you can find it by following this link:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/90801 3/Relationships\_Education\_\_Relationships\_and\_Sex\_Education\_\_RSE\_\_and\_Health\_Education.pdf

Teaching Expectations for Relationship Education from page 19

Teaching Expectations for Health Education from page 31

To ensure your children receive the very best teaching in these areas we have chosen to use an award-winning resource '1decision'. The 1decision resources have been developed over the past eight years. Each module has been created by PSHE and Safeguarding experts, together with schools, and most importantly children. As a school, we are proud to say we will be using these resources and you may like to find out more about them by visiting

## https://www.1decision.co.uk/primary-5-8

Under normal circumstances, we would hold an information session to showcase our 1decision resources and answer any questions that you may have. However, as I am sure you can appreciate, we are unable to hold such an event at this time. We would still welcome your thoughts and are happy to answer any questions that you may have.

Please use the email addresses at the top of this letter or contact the school office if you wish to speak to a member of staff further about PSHE or 1decision.

Yours sincerely,

Sarah Gordon

**Executive Headteacher** 











